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NEWS
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SHARING.

Drug puts city on the ZMapp

Ebola treatment 'provides a lot of hope' — and it was created right here in Winnipeg **PAGE 4**

The Afterlife of Stars: Excerpt

All this week, Metro brings you the first chapter of Joseph Kertes' new book **PAGES 14 & 15**

THEY ARE THE CHALLENGERS OF ... THEMSELVES

IS THE NEW PORNOGRAPHERS' LATEST ALBUM BRILL BRUIERS THEIR BEST YET? **PAGE 11**



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Come get some face time with the candidates

ElectionFest 2014. All nine mayoral hopefuls and others running for office will be ready to answer your questions

 **ELISHA DACEY**
elisha.dacey@metronews.ca

With polls showing that almost 40 per cent have yet to decide whom they're going to vote for in the Oct. 22 civic election, we've come up with a way for you to meet the candidates face-to-face and ask them the questions you want answered.

Metro Winnipeg, the Downtown Winnipeg BIZ and the RBC Convention Centre present ElectionFest 2014, happening Monday, Sept. 22 from 6:30-8:30 p.m.

Here's how it works, readers: you show up. You don't pay anything. You don't have to listen to speeches.

You don't have to watch any grandstanding. You're given a map of the candidates and you go talk to them.

That's it. You just have to show up to get answers. It doesn't get easier than that!

All nine mayoral candidates and most of the councillor candidates have confirmed their attendance, with more expected to confirm in the weeks ahead.

Metro is committed to giving our readers information when they want it, how they want it. This is a free one-stop shop to discover the ideas your local candidates have to fix the roads, fund transit, deal with poverty issues, keep our green spaces gorgeous, keep taxes in line and keep their plans transparent.

Watch for more details and we hope to see all our readers there.

Editor's note: any candidates who have not received our information invite for ElectionFest are asked to email winnipeg@metronews.ca.



ENDING SUMMER ON A HIGH NOTE

Gérard Thomas, 17, gets a whole lot of air under the sun at the Plaza Skate Park at The Forks on Monday afternoon. School starts for most kids this week, and the long weekend brought a mixed bag of rain and sunshine, while temperatures have started to dip at night. So long, summer. **SHANE GIBSON/METRO**

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FIVE THINGS YOU NEED TO KNOW TODAY

1

MAYORAL RACE

Current mayoral frontrunner Judy Wasylycia-Leis officially opens her campaign office today at 11:45, and David Sanders is holding a press event at 10 a.m. at The Forks.

2

RUNNING A RACE?

The Forks Run Club meets Tuesdays at the Forks Market, outside the Pancake House at 6 p.m. If you indulged in a few extra burgers this summer, here's your chance to run it off.

3

HOMEWORK BAN

Smart idea? An elementary school in Quebec has banned homework from Grade 1 to Grade 6 to see whether it will help improve scholastic outcomes.

4

'SEX GECKOS' DIE

No E.T. geckos, yet. Russia's space agency said its five "sex geckos" sent into space for a study on weightlessness and sexual behaviour died during their voyage.

5

iTUNES FEST

The iTunes Festival has now started, with a different live concert each day of the month. Beck is the headliner today. For more info, visit itunesfestival.com.

Gord Steeves takes aim at intersection panhandlers

Mayoral race. Candidate says homeless people who are asking drivers for money look like they are capable of working

 **BERNICE PONTANILLA**
bernice.pontanilla@metronews.ca

Panhandling in Winnipeg's intersections has only grown and must be stopped, mayoral candidate Gord Steeves said on Friday.

Calling it an issue of public safety, Steeves said that if elected he'll introduce a bylaw to end panhandling of vehicles.

"There was a time when this practice was rare and it was met with almost a nodding acceptance due to its novelty," he said during a press conference at the intersection of Stradbrook and Main Street.

"Those times have passed, and the practice has expanded to one where on many days during the year,

you will find at many intersections one or sometimes multiple people standing on the median boulevard holding signs, asking for money," said Steeves, adding that the people he has seen asking for money look able-bodied enough to work.

Steeves said these panhandlers circulate through traffic and knock on windows.

"If elected, I will be asking city council to support me in changing the streets bylaw, the neighbourhood livability bylaw, or most likely the definition of captive audience under the obstructive solicitation bylaw to prohibit solicitation of someone who's sitting in a car," he added.

Steeves admitted that he has no evidence to show that this is a problem on the rise; however, he's satisfied that it's a big-enough issue that it needs to be addressed.

His press release cited a study in San Francisco that showed 33 per cent of respondents stated they give money to panhandlers out of fear.



Gord Steeves said on Friday that panhandling at intersections is an issue of public safety that must be addressed.

BERNICE PONTANILLA/METRO

Earlier this month, Steeves said panhandlers had harassed his wife just before she wrote a Facebook post

in 2010 that was viewed as racist.

Lorrie Steeves wrote that she was "really tired of get-

ting harassed by the drunken native guys in the skywalks."

She apologized for the comment.



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Missing aboriginal women. Volunteers hope to dredge river in search of bodies

A woman whose sister vanished six years ago is leading a group of volunteers who plan to dredge the Red River for missing and murdered aboriginal women.

Bernadette Smith of Winnipeg said she felt compelled to do something after the body of 15-year-old Tina Fontaine was found wrapped in a bag in the river earlier this month. Smith's sister, Claudette Osborne, 21, disappeared in 2008, and Smith doesn't know if she is alive or dead.

There are about a dozen volunteers and several boats ready to comb the bottom of the river for clues about any women



Bernadette Smith lays placards of 94 women, who have been murdered or are missing in the province, at the Manitoba Legislature on Aug. 26, 2009.

JOHN WOODS/THE CANADIAN PRESS FILE

Low risk of exposure

Manitoba's first case of West Nile virus this year found in local man

Manitoba Health is reporting its first case of West Nile virus in a person this year.

The department says the man, in his 30s, is from the Winnipeg area.

He is showing symptoms of West Nile neurological

syndrome, the more serious type of the virus.

Officials believe he got the virus, which is mainly carried by mosquitoes, this summer in or around the city.

The department says a man in his 60s has also tested positive for the virus in southwestern Manitoba, but he contracted it before this year.

The province says the risk for human exposure to West Nile this season is low. **THE CANADIAN PRESS**

Bowman has no plans to exit mayoral race

Quoted

"We don't know if those women could be in that water."

Bernadette Smith, missing woman's sister

who have vanished, Smith said. "We don't know if those women could be in that water," Smith said Friday.

"We could possibly bring someone's loved one home. We don't know that. We're hoping for that... We can't sit around in our houses and wonder if there are more bodies in there."

THE CANADIAN PRESS

Municipal election.

Dropping out not in the cards, he says, contrary to what fellow candidate Gord Steeves has recommended

BERNICE PONTANILLA
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Mayoral candidate Brian Bowman said Friday that fellow candidate Gord Steeves had previously asked him not to run, after Steeves issued a prepared statement essentially urging Bowman and candidate Paula Havixbeck to drop out in order to defeat candidate Judy Wasylycia-Leis.

Bowman said dropping out is "something that's not in the cards," later clarifying that the meeting took place at Hy's restaurant in August or September of 2013.

"Quite often, real leadership happens when there are no cameras around."

Bowman said Steeves was resorting to "old-school, backroom-deal politics" that Bowman believes is out of touch with Winnipeg voters, who see the debate as new versus old guard and not right versus left.

Asked about Bowman's comments, Steeves said he asked Bowman for support at the Hy's meeting, unaware that Bowman would be launching his own bid.

"I'm clearly in second place in this mayoral race," said Steeves, adding that



Brian Bowman said Friday that he won't bow out of the mayoral race to aid rival Gord Steeves' campaign.
BERNICE PONTANILLA/METRO

Gord Steeves' statement

"Right from the beginning of this campaign, we have had three right-of-centre candidates running to be mayor. To prevent the NDP from taking over city hall, it is necessary to consolidate

now."

She later added, "Steeves should step out.... He forgets he was complacent about fire

halls and police HQ," referring to Steeves' time on city council and his roles as chair of two committees.

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TRANSIT TUESDAY

Weekly Transit News Update

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Scientists in Winnipeg created and tested the anti-Ebola drug ZMapp

New hope in fight against virus.

Study shows the experimental therapy can save monkeys with advanced disease

The experimental Ebola drug ZMapp was able to save monkeys even when treatment was started five days after the animals were infected, when some were suffering from advanced disease, a new study shows.

This is the first research to demonstrate that an Ebola therapy could save primates if given so late in the course of their illness — a circumstance that more closely reflects how an Ebola drug would be used in an outbreak than any other study conducted to date.

It also reveals for the first time that the work to create the drug known as ZMapp was done at the Public Health Agency of Canada's National Microbiology Laboratory in Winnipeg.

The co-director of an international consortium working to develop antibody cocktails against viruses — ZMapp is one — called the results extremely promising.

"It provides a lot of hope that therapies will soon be available to be used where they are desperately needed."

A Liberian health worker prepares his Ebola protective gear before removing the body of a man who is believed to have died from the Ebola virus in Monrovia, Liberia, on Friday. ABDUL DULLEH/THE ASSOCIATED PRESS

Promising results

"It provides a lot of hope that therapies will soon be available to be used where they are desperately needed."

Erica Ollmann Saphire, co-director of the Global Virus Network Center of Excellence

head of special pathogens research at the Winnipeg lab.

The compound is a cocktail of three monoclonal antibodies — proteins made by the immune system that target specific sites on the Ebola virus. ZMapp is a hybrid of two earlier monoclonal cocktails,

one made by Kobinger's team and the other by scientists at the U.S. Army Medical Research Institute of Infectious Diseases in Frederick, Md.

"We of course expected an improvement. We were at least hoping for it. But the level of improvement was at

least beyond my own expectations," he said in a teleconference.

The treatment saved 18 monkeys that had been given what would have been a lethal dose of Ebola virus. Six each began treatment on Day 3, Day 4 and Day 5.

Kobinger said he believes 20 to 40 doses of the drug can be made in a month, when production is up and running. The antibodies are grown in tobacco plants and work is underway to see if additional production capacity exists.

THE CANADIAN PRESS



Zebra mussels spread despite efforts

Zebra mussels are spreading in Manitoba despite a unique experiment intended to stave off an invasion of the shellfish.

Manitoba Conservation says the mussels have been discovered in at least six spots on Lake Winnipeg.

They have also turned up again in the four harbours that were treated with potash this spring to kill them.

Department staff say the

mussels are reproducing outside the treated harbours and moving back in.

The province says it's stepping up monitoring efforts and will train a canine unit to sniff out the mussels on watercraft.

It has also set up decontamination units at high-traffic harbours such as Gimli, Winnipeg Beach and Selkirk Park.

The province had declared

Invasive species

The mussels reproduce quickly and can disrupt the food chain, clog water pipes and create algae.

victory over zebra mussels in June after it doused the four infested harbours with liquid potash. The areas were sealed off and the potash injected

into the water to eventually suffocate the mussels.

The harbours were initially declared free of the mussels, but that changed earlier this month.

The invasive species, which has been in the Great Lakes for almost two decades and has spread throughout parts of the United States, was discovered for the first time in Manitoba last October. THE CANADIAN PRESS

A red wave rising in the East? N.B. Liberals trying to keep momentum going

After majority victories in Nova Scotia, Quebec and Ontario, Brian Gallant is trying to keep the winning streak alive for the Liberals by taking New Brunswick in the Sept. 22 election.

It's a vote that some political observers are closely watching to determine if a trend in Eastern Canada could play a role in next year's federal election.

Liberal Premier Robert

Ghiz holds a strong majority in Prince Edward Island. The provincial Liberals in Newfoundland and Labrador have won three consecutive by-elections over the last year in ridings that were held by two Tory cabinet ministers and a premier.

Against that backdrop, there is a possibility of Liberal

governments in every province east of Manitoba in just over a year's time.

That's a factor that could benefit the federal Liberals, says David Johnson, a political science professor at Cape Breton University, who said he believes the Liberals would interpret further provincial success as proof of a "Liberal wave" rising in the East.

"Justin Trudeau and the federal Liberals can play the card that they are much more in tune with provincial interests," said Johnson.

He said a Liberal victory in New Brunswick would also give the federal Grits increased support through their provincial wings. **THE CANADIAN PRESS**

B.C. Teachers' strike has parents scrambling for daycare in lieu of school

Daycare operators in British Columbia are scrambling to keep up with increased demand for child support as more parents need places to babysit their kids because schools will not open.

Janos Stiasny, owner of Wise Owl Montessori Child Care, says spots in his daycare have filled right up because of the ongoing teachers' strike.

He says he normally gets more than 65 children, but after the strike his care centres are looking after about 90 kids in total.

Talks between the government and teachers fell apart over the weekend, dashing any hopes parents had that school would start as scheduled on Tuesday.

Quoted

"Parents are kind of in a panic mode. They are scrambling."

Janos Stiasny, owner of Wise Owl Montessori Child Care

Both sides have said they are willing to speak again, but no meetings have been scheduled.

The province's 40,000 public-school teachers went on strike two weeks before the summer break started, booting half a million students out of class.

The sticking points are pay, class size and the number of support staff per class.

THE CANADIAN PRESS



Federal NDP Leader Tom Mulcair greets participants at the annual Labour Day parade in Toronto on Monday. **ADAM MILLER/THE CANADIAN PRESS**

Mulcair: Labour gains 'under attack' in Canada

Toronto. NDP leader takes aim at Stephen Harper, Justin Trudeau at Labour Day Parade

Thousands marched Monday in Toronto's annual Labour Day Parade to show their support for local unions, with more than 30 labour organizations taking part in the festivities.

Joining them was federal Opposition Leader Tom Mulcair, who took shots at Prime Minister Stephen Harper and

Quoted

"Today is an opportunity for us to get together with all types of labour folks to look back on our strong, rich history and celebrate that — but also to re-energize for the struggles ahead."

Marty Warren, of United Steel Workers District 6, one of the labour groups at the parade

Liberal Leader Justin Trudeau.

He said many of the gains brought in by the labour movement — such as workplace health-and-safety measures and wage equality — are currently "under attack" in Canada.

Both Harper and Trudeau voted against anti-scab legislation brought forward by New Democrats, he said.

"In Toronto now, more than one half of families do not have a single full-time steady job that they can rely on," Mulcair said. "Under the Conservatives and the Liber-

als we've lost a whole generation of well-paid manufacturing jobs. We've got to get back to a situation where people can have a full-time job with a pension, enough for their family to live on."

Paul Lefebvre, former president of IAMAW Local 2323, said the union came out to send Ottawa a message.

"We think our country needs to have a correction in the direction it's going politically, and I think a lot of people feel that way and the march is getting bigger for that reason," he said.

THE CANADIAN PRESS

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National Defence. Feds to slash \$2.7B from budget

Stephen Harper has been one of the toughest-talking leaders throughout the Ukraine crisis, yet newly released figures show National Defence is expected to face an even deeper budget hole in the coming year than previously anticipated.

The ongoing reductions come as the prime minister is expected to resist pressure from allies at this week's NATO summit to spend substantially more on the military.

Annual spending on the military, when compared to 2011, is slated to shrink by a total of \$2.7 billion in 2015, according to a briefing note prepared for the deputy defence minister.

That would be almost \$300 million more than earlier in-

ternal estimates, and roughly \$600 million higher than the figure defence officials acknowledged last fall when they rolled out the department's renewal plan.

In addition to planned cuts under the government's strategic review, deficit-reduction action plan and wage-restraint measures, defence is expected to face "other planning pressures," according to a Sept. 16, 2013 memo.

Those pressures include, among other things, severance for laid-off civilians at defence; the bill for the Harper government's pledge to sustain newly trained Afghan forces; and the cost of operating the Public Works secretariat that is picking a replacement for the CF-18s. **THE CANADIAN PRESS**

Missile-defence program

U.S. military wants Canada to put sensors in Arctic

American military officials have shed some light on what Canada could contribute to the missile-defence program should it choose to join after a decade spent on the sidelines.

Several conversations with high-ranking U.S. military officers point to a common desire: multi-purpose sensors in Canada's Arctic that would sniff out a wider range of potential threats than just intercontinental ballistic missiles. Those state-of-the-art

systems would be designed to track maritime vessels, airplanes and small cruise missiles — all in addition to any large missile fired off by North Korea or some hypothetical rogue state.

That means the missile-defence system that has prompted so much debate in Canada over the years could, potentially, be just one single piece integrated into the broader binational military relationship. American military brass are aware that the missile-defence debate has been revived in Ottawa, nine years after domestic political pressure prompted the Paul Martin government to abstain. **THE CANADIAN PRESS**

Rebels in Ukraine backing off from full independence



Andrei Purgin, a pro-Russian rebel leader from eastern Ukraine, arrives for peace talks in Minsk, Belarus, on Monday. **THE ASSOCIATED PRESS**

Negotiations.

Talks adjourned until Friday, when parties will discuss ceasefire and prisoner exchange

Pro-Russian rebels softened their demand for full independence Monday, saying they would respect Ukraine's sovereignty in exchange for autonomy — a shift that reflects Moscow's desire to strike a deal at a new round of peace talks.

The insurgents' platform, released at the start of Monday's negotiations in Minsk, the Belarusian capital, represented a significant change in their vision for the future of Ukraine's eastern, mainly Russian-speaking region.

It remains unclear, however, whether the talks can reach a compromise amid the brutal fighting that has continued in eastern Ukraine. On Monday, the rebels pushed Ukrainian government forces from an airport near Luhansk, the second-largest rebel-held city.

The peace talks in Minsk follow last week's meeting between Russian President Vladimir Putin and his Ukrainian counterpart Petro Poroshenko. The negotiations involve former Ukrainian President Leonid Kuchma; Russia's ambassador to Ukraine; an envoy from

the Organization for Security and Co-operation in Europe; and representatives of the rebels.

Rebels declared in a statement carried by Russia's state-run RIA Novosti news agency that they are willing to discuss "the preservation of the united economic, cultural and political space of Ukraine."

In return, they demanded a comprehensive amnesty and broad local powers that would include being able to appoint their own local law-enforcement officials.

This deal is only for eastern Ukraine. There are no negotiations on handing back Crimea, the Black Sea peninsula that Russia annexed in March, a move that cost Ukraine several major ports, half its coastline and untold billions in Black Sea oil and mineral rights.

The talks lasted for several hours Monday and were adjourned until Friday, when the parties are to discuss a ceasefire and an exchange of prisoners, rebel negotiator Andrei Purgin said, according to RIA Novosti.

The rebels' more moderate negotiating platform appeared to reflect Putin's desire to make a deal that would allow Russia to avoid more punitive Western sanctions while preserving a significant degree of leverage over its neighbour.

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U.K. PM proposes new passport seizure powers for police

Anti-terror. Proposed laws intended to make it harder for suspected extremists to leave or re-enter the country

Prime Minister David Cameron has proposed new laws that would empower police to seize the passports of Britons suspected of travelling abroad to fight with terrorist groups.

Speaking to Parliament, Cameron said his government is also working to block suspected British jihadi fighters from re-entering the U.K. The power to monitor such suspects already living in Britain would also be strengthened.

The plan to expand Britain's anti-terror laws, likely to be approved by Parliament,



British Prime Minister David Cameron THE ASSOCIATED PRESS

aims to prevent attacks by Islamist militants returning from terror training in the Middle East.

Similarly to its Western allies, Britain is worried its citizens will travel and join ter-

ror groups in the Middle East, then return and threaten their home country.

British intelligence said it suspects 500 Britons have gone to train in Syria or Iraq.

Cameron said he considers extremism by the Islamic State of Iraq and Syria (ISIS) group one of the biggest modern threats to security. While Britain's home security already has the authority to withhold passports, Cameron says more is needed to ensure police can act accordingly if they spot a suspect at a border crossing.

"We will introduce specific and targeted legislation to fill this gap by providing the police with a temporary power to seize a passport at the border, during which time they will be able to investigate the individual concerned," he said. THE ASSOCIATED PRESS



Israel, Gaza students heading back to school

An Israeli student pulls his bag behind him as he heads off to school Monday, joining thousands of other children who returned to school in southern Israel after seeking refuge inside bomb shelters from Hamas rocket fire for much of the summer. Ziad Thabet, a Gaza Education Ministry official, said classes will resume in Gaza on Sept. 14 once the Strip's schools are repaired. It's estimated at least 223 Gaza or UN-run schools were hit during the 50-day-long war, 25 of which are too damaged to use. Israel has accused Hamas of using civilian buildings for military purposes. TSAFIR ABAYOV/THE ASSOCIATED PRESS

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You may also be eligible for a rebate on the cost of your insulation through Manitoba Hydro's Power Smart Home Insulation Program. Through the program, rebates

are available to Manitoba Hydro residential customers with an active Manitoba Hydro account who own a home built prior to 1999.

"If your home is poorly insulated, the rebate along with the energy savings you realize will make your insulation project very worthwhile," says Shea.

Manitoba Hydro also offers Power Smart financing to help make energy efficiency upgrades for your home more affordable. Ask your contractor or retailer about the financing options available for your home insulation project.

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Would you like to be paid with Bitcoin?

Trend. While Canada does not recognize Bitcoin as currency, a small number of workers are opting for a cryptocurrency payment option

A small but growing — and surprising — number of workers are rejecting Canadian-dollar salaries for Bitcoin, according to a Waterloo, Ont., payroll firm.

Wagepoint CEO Shrad Rao said his firm came up with the cryptocurrency payment option in November last year as a side project and did not

expect any take-up.

But as the online currency gained popularity this year, he said employees from 10 firms have signed up for the Bitcoin option and many more are asking about it.

"When we started off, we didn't even think we'd get one," he said over the phone from New York, where Wagepoint has another office.

"What's interesting is that we've actually had customers come to us because of the (Bitcoin) integration, which we were not expecting at all."

Rao said the firms are overwhelmingly technology companies, whose workers have a higher interest in new innovations and tend to dabble more.

In addition to Canadian interest, he said he gets about five inquiries for Bitcoin payment per month from the United States, where Wagepoint also operates, although it has not yet launched such an option in that country.

Bitcoin, a decentralized currency, was launched in 2009 by a yet-unknown person or group. It gained mainstream attention in 2013, and subsequent adoption caused one bitcoin to rise to a high of \$1,000.

But most brick-and-mortar shops still do not recognize Bitcoin as currency — and neither does the Canadian government, which in June ruled Bitcoin is property.

THE CANADIAN PRESS

Experiment in legal pot

Washington judge upholds a small city's pot shop ban

A small city can continue to ban state-licensed marijuana businesses, in a case with big implications for Washington's experiment in legal pot. A judge issued the ruling after arguments over whether Initiative 502, the state law that legalizes adults' recreational use of marijuana, left any room for such local bans. THE ASSOCIATED PRESS

Know when to hold 'em ...

Atlantic City casinos fold 'em

The most spectacular and costly failure in Atlantic City's 36-year history of casino gambling began to play out Monday when the \$2.4-billion US Revel Casino Hotel emptied its hotel.

Its casino was set to close early Tuesday morning.

Revel is shutting down a little over two years after opening with high hopes of revitalizing Atlantic City's struggling gambling market.

But mired in its second

bankruptcy in two years, Revel has been unable to find anyone willing to buy the property and keep it open as a casino. It has never turned a profit.

Revel will be the second of three Atlantic City casinos to close in a two-week span. The Showboat Casino Hotel closed its doors Sunday, and Trump Plaza is closing Sept. 16.

So what killed Revel? Analysts and competitors say it was hampered by bad business decisions and a fundamental misunderstanding of the Atlantic City casino customer. THE ASSOCIATED PRESS



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Got that TV to Cuba in the nick of time

The driver of a private taxi closes the door of his car, the backseat loaded with his client's TV brought from the U.S., as he leaves the José Martí International Airport in Havana on Monday. Cubans braced Monday for a clampdown on the flow of car tires, flat-screen televisions, blue jeans and shampoo in the bags of travellers, who haul eye-popping amounts of foreign-bought merchandise to an island where consumer goods are frequently shoddy, scarce and expensive. RAMON ESPINOSA/THE ASSOCIATED PRESS

Transgender community struggles to find work



Melissa Hudson says 30 years of experience in the Toronto business world hasn't been enough to land her a job, despite numerous call-backs on her resumé for first-round interviews.

Hudson's difficulties in finding work started after she transitioned from male to female, and she blames discrimination for leaving her bankrupt, fighting to keep a roof over her head.

"After transitioning, I can't get anyone to give me a second interview," she said. "I've even had interviewers make excuses of why they can't conduct the interview once I show up."

Hudson's last job in the corporate world was at a logistics firm in Mississauga, Ont., where she was a self-proclaimed "suit-and-tie" business professional. But she decided to live openly as a transgender woman two years ago.

Her challenges were exacerbated by a cycling accident that left her in the hospital for months and a hospital-acquired infection after gender-related surgery, she said.



Melissa Hudson
THE CANADIAN PRESS/CONTRIBUTED

unbelievable."

Because of the relatively small size of the transgender community and difficulty in reaching members, advocates say transgender employment data is hard to find.

A 2011 report from Trans PULSE — a community-based research project in Ontario — found that only 37 per cent of transgender participants were employed full-time, while 15 per cent were employed part-time. Twenty-five per cent were students, three per cent were retired and 20 per cent were unemployed.

The results were based on surveys of 433 trans people who lived, worked or received health care in Ontario.

Eighteen per cent said they had been turned down for a job because of their gender, while 32 per cent said they were unsure if their gender influenced the hiring manager's decision.

Thirteen per cent said they had been fired or constructively dismissed for being transgender.

THE CANADIAN PRESS

EVEN PLAYBOY THINKS CATCALLING IS SEXIST

"Give me a smile, sweetheart." "Nice dress." "Damn, girl." "Mmmmmmm."

I could fill a 500-page textbook with the comments I've heard over the years, hurled at me from car windows and whispered in my ear in a crowded bar. Occasionally these outbursts of appreciation come in the form of a well-crafted one-liner; the rest of the time, I'm treated to an impulsive holler, a leering glance or just a series of hissing noises.

Most of the women I know have been on the receiving end of some form of unwanted sexual street harassment. I still find it bewildering that so many seemingly intelligent men — men with mothers, sisters and, potentially, wives and girlfriends of their own — feel compelled to fling vulgar comments at complete strangers.

A few weeks ago, the New York Post published an article titled "Hey, ladies — catcalls are flattering! Deal with it." In this



SHE SAYS

Jessica Napier

metronews.ca

fine piece of click-bait journalism, author Doree Lewak celebrates the lewd remarks she receives from her neighbourhood construction workers. Lewak's hard-hat-wearing Prince Charmings offer her a daily dose of ego-boosting validation in the form of wolf whistles and crude remarks that give her an "unmatched level of euphoria." That's right: euphoria.

And that's OK, I guess. I mean, if Lewak wants to measure her own self-worth in grunts, she's absolutely entitled to those feelings. There's nothing inherently wrong with enjoying attention from the opposite (or same) sex, but arguing that catcalls are universally flattering and all women should

just "deal with it" is absolutely ridiculous.

Telling a woman who has been a victim of unwanted street harassment that she "should take it as a compliment" is like telling a guy who's just been beaten up at a bar that he should "man up." This "deal with it" attitude reinforces the notion that

women are objects to be looked at, evaluated and commented upon by men. And, worst of all, that we should enjoy the process or be labelled uptight.

Even Playboy — which is not exactly a media organization renowned for championing a feminist agenda — has weighed in on the street-harassment debate. The adult magazine recently posted an infographic on its website that posed the question, "When is it appropriate to catcall a woman?" It concludes that men should resort to it only when addressing a known and consenting partner or an actual feline.

I rarely find myself siding with Playboy on anything, but I have to agree with them on this one. There are plenty of ways to approach someone in a respectful and reasonable manner; licking your lips and shouting "Nice ass!" isn't one of them.

And according to an incredibly unscientific poll of my close female friends, catcalling has a success rate of absolutely zero.

Because, for most women at least, unsolicited explicit remarks from strange men don't make us feel beautiful or euphoric; they make us feel violated, angry and potentially very afraid.

День Знаний (Day of Knowledge)



Children take part in a ceremony marking the start of classes at School No. 57 in Moscow on Monday as part of the traditional opening of the school year, known as Day of Knowledge. The day was started in 1984 in the U.S.S.R. IVAN SEKRETALEV/THE ASSOCIATED PRESS

Russian kids mark back-to-school with flowers, fancy dress

Students in Russia and other former Soviet-bloc countries participated in Sept. 1 celebrations, also known as Day of Knowledge, to commemorate the first day of school.

Students arrive dressed up and carrying flowers. Senior students escort younger students to class, holding their hands along the way. In a ritual called the First Bell, a girl from the first grade is chosen for the honour of being hoisted onto the shoulders of an 11th-grader to ring the school bell.

METRO

Education and politics

• **Tragedy.** This Sept. 1 marks the 10th anniversary of the Beslan school massacre, in which 385 people were killed after the school was stormed by armed terrorists.

• **Crimea.** The Moscow Times reports that students in Crimea will now study under the Russian education system for the first time. Russia took control of the region in March.

A series of lines scratched into rock in a cave near the southwestern tip of Europe could be proof that Neanderthals were more intelligent and creative than previously thought.

The cross-hatched engravings inside Gorham's Cave in Gibraltar are the first known examples of Neanderthal rock art, according to a team of scientists who studied the site. The find is significant because it indicates that modern humans and their extinct cousins shared the capacity for abstract expression.

The study, released Monday by the journal *Proceedings of the National Academy of Sciences*, examined grooves in a rock that had been covered with sediment. Archaeologists had previously found artifacts associated with Neanderthal culture in the overlying layer, suggesting that the engravings must be older, said Clive Finlayson, one of the study's authors.

"It is the last nail in the coffin for the hypothesis that Neanderthals were cognitively inferior to modern humans," said Paul Tacon, an expert in rock art at Australia's Griffith University. Tacon, who was not

Theory might be dead

"It is the last nail in the coffin for the hypothesis that Neanderthals were cognitively inferior to modern humans."

Paul Tacon, expert in rock art

involved in the study, said the research shows the engravings were made with great effort for ritual purposes, to communicate with others, or both.

"We will never know the meaning the design held for the maker or the Neanderthals who inhabited the cave, but the fact that they were marking their territory in this way before modern humans arrived in the region has huge implications for debates about what it is to be human and the origin of art."

Not everyone is convinced: another recently published study examining the dating of various archaeological sites across Europe raises the possibility that the artifacts may not have been made by Neanderthals but by modern humans.

THE ASSOCIATED PRESS

Comments

Re: Proposed laws could dampen sales of e-cigarettes in Canada, published online Aug. 30

This entire controversy, including Nova Scotia's absurd knee-jerk decision to supposedly ban them, is nothing more than the public health nannies being afraid that the use of these things will "re-normalize" what looks like smoking, even though there is no actual smoke, just vapour. The nannies are ignoring the very real benefits these things have for people trying to quit who are killing themselves with real cigarettes. They ought to be ashamed of themselves.

Keith P., posted to metronews.ca



Joni Mitchell: In Her Own Words

By Malka Marom

Kindle/iBooks/Kobo



MIND THE APP

Kris Abel
@RealKrisAbel
scene@metronews.ca

A good conversation should have all the time it needs. This collection of audio and printed interviews between singers Marom and Mitchell has that comfort, allowing for Joni's engaging candour to come through about her Saskatchewan childhood, working relationships and personal contradictions.

The Simpsons

Did NHL get crusty over Cup slight?

There are hockey fans in The Simpsons' writers' room but apparently the NHL felt a joke that soiled the Stanley Cup went too far.

In the episode The Last Temptation of Krust, Krusty the Clown drinks out of the Stanley Cup, and then promptly vomits into it.

Producer Mike Scully says the show received a nasty letter from the NHL after the episode aired, but chose to ignore it. Scully has been tweeting behind-the-scenes memories while a Simpsons marathon airs in the U.S. **THE CANADIAN PRESS**

Avoid the catfish when looking for love online

Soulmate or scam?

Nev Schulman's book offers advice on how to detect the liars and fraud artists lurking on dating websites

EMILY LAURENCE
Metro in New York City

Catfish host Nev Schulman wants you to know it's not them, it's you.

In his new book, *In Real Life: Love, Lies & Identity in the Digital Age*, Schulman explains that the key to establishing a long-lasting bond is to take a look inward.

Tricks such as a Google image search and knowing that a Facebook account with only 12 friends is a red flag help, but Schulman says there's way more to it than that.

Hence the new book. We talked to Schulman and share his best words of wisdom here.

Whether you are searching for love online or in person, they are tips you can take to heart.

Be aware of your soft spots

"It's not what to look out for in other people. It's what to look out for in yourself," he says.

"Getting catfished isn't about someone being a really good liar or Internet user. It's about being vulnerable, and perhaps unsatisfied or insecure, and somebody taking advantage of that."



In his new book, *In Real Life*, Nev Schulman shares the tricks of the catfish trade — people who lie about themselves on dating websites. CONTRIBUTED

Don't fake it

"We all have doubts, fears and insecurities in our happiness. When you hide that from other people, you're

also kind of hiding it from yourself," Schulman suggests.

"If everybody goes around pretending to be the happy, fulfilled version of them-

Quoted

"It's not what to look out for in other people. It's what to look out for in yourself."

Nev Schulman, author and host of the MTV series *Catfish*, on how to avoid online dating scam artists

selves and ignores the truth about things they're feeling, then we're all participating in the same game of not really connecting in a meaningful way or being open and honest with each other."

If you're looking for love online, meet as soon as possible

"If you're looking for a relationship, using the Internet is great, but it should just be a means," he warns.

"The trouble is when you go online as a distraction, or without any clear intention or specific goal. That's when you get into trouble."

Real relationships take work

"I think we all sort of subscribe to this fairy-tale version of how love conquers all and how once you find your soulmate, everything falls into place," Schulman points out.

"That's just crazy. It doesn't work like that."

"I think we've become disillusioned that we will find the perfect person now that we have online dating, and that it won't take any work and compromise, but it does, no matter what."

Pg. 239
beats a
movie
night out.

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Helpful Book
in the World
is here.





A.C. Newman, left, and Kathryn Calder of the New Pornographers promote the band's new album. THE CANADIAN PRESS

A pure explosion of upbeat pleasure

New Pornographers.

Is Brill Bruisers the Canadian supergroup's best record yet? Carl Newman thinks so

Everything about the New Pornographers' new album seems designed to seize your attention, from the playful DayGlo cover to the sparkly, maximalist power-pop cupcakes contained therein.

Brill Bruisers is the Canadian supergroup's sixth album, another winner in a remarkably rock-steady run.

But in an industry built on riding the shiny and new, consistency can be confused for monotony — and after 14 years of precision pop craftsmanship, it's natural that mastermind Carl Newman would want to stand out.

"Our narrative — maybe it's just an old narrative and people are sick of it — but when you look at our band, we're not your average band," Newman mused during a recent chat. "It's like, Kathryn (Calder)'s my niece. Look at everybody involved with it — the fact that Neko (Case) is in the band, or like, Destroyer's in the band ... Are we that boring of a band? It seems like we have a lot more going on than most bands do."

It would be fair to conclude that Brill Bruisers was infused with a new level of conscientious ambition.

It's a foghorn blast to the ear for anyone who might have become fatigued with the band and its steady goodness over its long run.

Although the group's past two records — 2007's Challengers and 2010's Together — allowed a hike to their highest-yet peaks on the U.S. charts (the latter opened at No. 18), they were also relatively docile efforts, viewed to some extent as "mature."

That trend continued with Newman's mellow 2012 solo record, Shut Down the Streets. Reviews for the three albums weren't negative, but they were restrained.

That last album was borne from a time in Newman's life marked by the death of his mother and birth of his son (Calder's mother also died from ALS during this period).

So the pleasure explosion that is Brill Bruisers didn't happen by accident. Newman says he emerged from that time looking to make an "upbeat" record and was resolute in sticking to that goal.

"I think I said a while back that I didn't want any ballads on the record, and I think that was for that reason," said Newman. "Not that every song had to be really upbeat and rock-

Quoted

"It's important to me that the music I'm making now is as good if not better than anything I've done before."

Carl Newman, New Pornographers, on the band's new album Brill Bruisers

ing, but I wanted the record to have a certain sound ... I just wanted it to have a very specific feel."

Asked if the arrival of his baby son has affected the way he works, he doesn't hesitate.

"I think it's made me try harder," he said. "You're working for something. And it makes me not want to rest on my laurels. Not that I did before, but I want him to grow up thinking, 'My dad is a musician.' I don't want him to grow up thinking, 'My dad used to be a musician.'

"So I think it's important to me that the music I'm making now is as good if not better than anything I've done before."

Newman is confident Brill Bruisers meets that standard.

"It almost worries me — like, why do I think this record is so good?" he said. "Because I feel like it's our best record. And I feel like I never thought that before." THE CANADIAN PRESS



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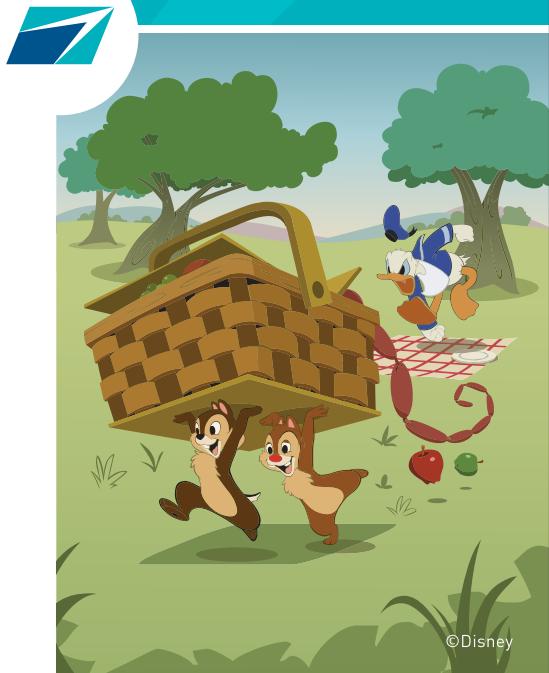
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Britney splits with boyfriend, reaches out to bad-boy ex

In the wake of her split last week from boyfriend David Lucado, Britney Spears is reportedly reaching out to a questionable old contact. Sources tell Radar Online that despite supervision from her father, Spears has been secretly texting controversial ex-boyfriend Adnan Ghalib. Spears and

Ghalib dated in 2008 before she was placed under a conservatorship. In 2009, her minders obtained a three-year restraining order against Ghalib. ("Her dad) monitors Britney's cellphone, but she found a way to secretly text Adnan," a source says. "They never really stopped talking."



It's a working honeymoon for Brangelina

Following their surprise nuptials, Angelina Jolie and Brad Pitt have taken their brood to Gozo, a small island near Malta, for a working honeymoon to film scenes for their new film, *By the Sea*, while they celebrate their union — and no one else is invited.

"A lot of people have agreed to leave the island so they can have privacy to film the movie," a source tells Page Six, adding that the couple has already paid as much as \$200,000 to local business owners to convince them to take a little vacation of their own.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Celeb nude pic leak: What happens in the iCloud doesn't always stay in the iCloud

 **NED EHRBAR**
Metro in Hollywood

It's been a while since there was a celebrity nude photo leak, so some industrious and not-at-all-creepy hackers got together to unleash one doozy of a Labour Day weekend photo dump, posting images allegedly of more than 100 stars including Kate Upton, Kirsten Dunst, Ariana Grande and America's kid sister, Jennifer Lawrence. The images, reportedly culled from iCloud accounts, were initially posted to that bastion of online decency, 4Chan, before going wide on Twitter.

Lawrence, for her part, isn't taking this lying down. "The authorities have been

contacted and will prosecute anyone who posts the stolen photos of Jennifer Lawrence," her publicist said in a statement.

Some of the hacking victims, like Grande, singer Victoria Justice and Olympic gymnast McKayla Maroney, were quick to dismiss the risqué images as fakes, but others confirmed their legitimacy. "To those of you looking at photos I took with my husband years ago in the privacy of our home, hope you feel great about yourselves," Mary Elizabeth Winstead tweeted. "Knowing those photos were deleted long ago, I can only imagine the creepy effort that went into this. Feeling for everyone who got hacked."

If nothing else, it's a poignant lesson in how hard it is to really, truly delete something online, especially from a cloud-connected phone. The Internet, after all, is forever. My own tactic for keeping safe is simple: Just don't be someone people would be interested in seeing naked. But I guess that's not very good advice for these ladies.

Get behind it: Butt lift yoga

Yogi Tara Stiles, owner of the Strala Yoga Studio in New York, shows us how to reshape and tone our backside. Do this simple five-step sequence up to four times a week.

ROMINA MCGUINNESS

Metro World News in London



From downward-facing dog, take a big inhale and lift your right leg up and back. Open your hips and shoulders and adjust accordingly.

Exhale and step your right foot between your hands into a low lunge. Ground your left back heel and open up into a warrior II. Sink your hips and aim your front knee over your front ankle. Open your arms out to the sides and gaze over your front fingers. Hang here for 10 long, deep breaths.



Inhale and tip your torso back into reverse warrior.

Take a big exhale and crawl yourself out into a warrior III. Bring your fingertips in front of you and lift your back leg up.



Roll up to stand and hug your shin in to your torso to get into dancer. Relax your knee toward the ground. Hold your foot with your hand and gently press your foot into your hand, extending your opposite arm upward. Hang here for three long, deep breaths and find your way back to downward-facing dog.

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As a special end-of-summer gift to our readers, Metro brings you the first chapter of *The Afterlife of Stars*, the newest book by award-winning author Joseph Kertes. Over the next four days, we will be introduced to the Beck brothers, two young boys grappling with the world around them as Russian tanks roll into Budapest during the final days of the Hungarian revolution. In **Part 1** of four, we meet Robert and Attila Beck and their family.

The Afterlife of Stars

On October 24, 1956, the day I turned 9.8, my grandmother came to take me out of school in Budapest's 6th District. We were in the middle of reviewing decimal points because of a mistake a girl in the class named Mary had made. Other parents and grandparents were arriving too with the same aim, although no one had come yet to get my friend Zoli.

My grandmother gripped my hand as we made our way down Andrassy Avenue, but a crowd had formed at the Oktogon, blocking our passage. A tank stood in the street with a bold red star shining on its flank. We saw Russian soldiers, but no one was looking at them. Everyone was gazing up instead at eight Hungarian soldiers, one hanging from each of the lampposts. My grandmother pulled hard on my arm, but not before I was able to join the lookers.

A couple of the Hungarians had stuck out their tongues as they dangled — one seemed to be smiling, four wriggled and bucked, and the one nearest us, straight above my grandmother and me, looked down at us with evergreen eyes, but there was no anger in the eyes, or even light.

Klari, my grandmother, breathed into the crown of

my hair, sending hot tendrils down over me. "Come, please," she whispered. I shuddered.

The crowd was quiet. Even the few people who were sobbing were doing so silently, swallowing the sound. And then we heard from a little way down the street what I thought was an orchestra and a singer, a soprano, singing a sad song. I looked around us as my grandmother turned me toward the sound. "It's a record," she said. "From over there."

We spotted an open window above a lacy café a half block away, the white tongue of a curtain fluttering out from the window. "A record?" I asked.

"Yes, a phonograph record," Klari whispered again, steering me onward. "It's Mozart," she said, "his 'Laudate dominum,' I think. 'Praise the Lord,' it means. I wonder why they would play that now."

"Because they like it," I said.

"Yes, of course. Because they like it. Mozart wrote some moving songs."

"Did you see the man's hair?" I turned back toward the Oktogon, toward the dangling men.

"Whose?" my grandmother asked me.

"The man with the green

eyes." She looked with me, but just for a second. The man's auburn hair was parted and brilliantined so that it shone even at this distance. "Do you think he combed it for someone?" I asked.

"I don't know," Klari said. "His sweetheart, I suppose." I thought my grandmother might cry, but instead she said, "Now, please keep moving, my dear. We'll have cake. Let's have cake, at Gerbeaud Café."

"Now?"

"Yes, now. Let's have a treat. You can order anything you want. I know you want poppy-seed strudel."

She took me all the way to Vörösmarty Square. The cobblestones made me think of a great house lying on its side. From the top of the building opposite, two Russian soldiers, both sturdy women, unfurled a canvas sheet so big it covered a side of Kossuth's Department Store from roof to sidewalk. It was a vast portrait.

"Look, it's Papa Stalin," I said. I knew him right away from the picture above the clock in our classroom. He had the same smile and mustache, a mustache that was three times as impressive as Hitler's, which was little more than a black checkerboard square. I found myself smiling back at the giant

face, like a circus face.

"Please," my grandmother said, giving my arm another tug. "He came to liberate us, the great father," she said under her breath, "but he forgot himself. He forgot to leave. They forgot to leave. Come, Robert, please." She was pulling hard on my arm now.

I was as excited about poppy-seed strudel as I was about Kaiser Laszlo, Gerbeaud's monkey in a golden cage. He squealed as soon as we walked in. I think he recognized me because I'd fed him some apple cake last time. If I were the Kaiser, I'd recognize everyone who fed me cake. He was wearing a bellman's blue cap and vest. He tilted his head in an appealing way and held out his little hairy hand.

As we got comfortable, I felt warm, as if we'd come in out of a storm. The waiter placed our sweets and cocoas in front of us. Klari took out her compact and mother-of-pearl makeup case. I watched, dazzled, as my grandmother, like an artist, applied some lines and clouds, borders and dots. Once done, she fished out her monogrammed silver cigarette case, removed a cigarette from behind the little garter and tapped the end on the case before lighting it. I was just breaking off

On the shelf

Get the book!

- Joseph Kertes' *The Afterlife of Stars* (Penguin Canada, \$22.95) goes on sale today and is available in bookstores across Canada!

- Look for Kertes' other novels: *Winter Tulips*, *Boardwalk* and *Gratitude*.

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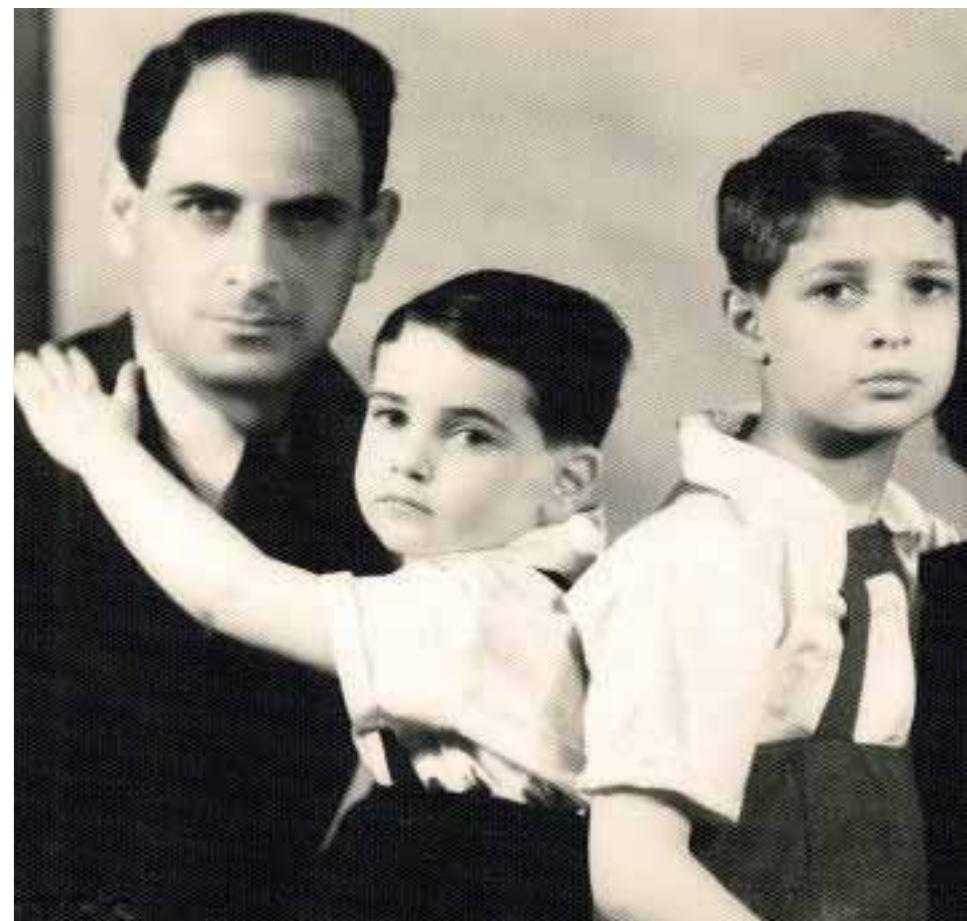
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me one of them, a marzipan monkey with a cap like the Kaiser's.

A woman in a long mink coat brushed by us, trailing the scent of mothballs. For the longest time, I had thought that this was the scent of mink. I knew better now, but I wondered if moths went after *actual* minks or just mink coats.

The woman paused by the door to look back at us but then peered down at her own feet. She wore black patent leather shoes with very high heels and sharpened toes. They were pointing at



A not-yet-three-year-old Joseph Kertes is shown being held by his father, Paul, in Budapest in 1954. His mother, Hilda, is holding his older brother Bill, who was called Bela at the time. CONTRIBUTED



Joseph Kertes is the award-winning author of *The Afterlife of Stars*. IAN CRYSLER/FOR METRO

on the sofa eating an apple. "We're leaving altogether, my lambkin," he said to me.

I sat down beside him. "Where are we going?"

He was chomping away but said, "West. We're going to the Wild West. You'll need your cowboy hat and spurs."

"Why?"

He was acting as if he knew but wasn't telling, so I said, "I saw the hanging men."

His face fell open. "What do you mean?"

"From the lampposts."

He turned his Arctic blue gaze on me. "Which ones?"

I crossed my arms. "On Andrassy," I said. "At the Octagon." I pictured the man with the green eyes and nicely combed hair. As if to protect the secret of this man, I said, "Some of the men had their tongues sticking out."

Attila jumped to his feet. "That is not what happened. You did not see hanging men, and they do not stick out their tongues. I know that for a fact."

I shrugged. "Ask Mamu."

Attila ran off to get our grandmother, and I could hear him yelling out questions at her. When he came back to me, he had whitened.

His blue eyes looked like marbles dropped in snow. He looked as if he wanted to strangle me. He glared, slapped at the arm of the sofa. "Are they still there?"

"What?"

"Are they still hanging there? Shit."

He ran out to the balcony, climbed onto the railing to peer out over the bronze head of Mor Jokai, the old Hungarian writer, whose statue sat at the top of our

street, keeping watch over it. Attila turned toward me with his icy look. Then he flew back past me to our bedroom, slamming the door behind him.

That night, as we got ready for bed, my brother looked inside his pajama bottoms —he did quite a study — and then he raised his arms, flexed and turned toward the mirror, admiring the muscles and then the hairs sprouting from his armpits. "We are experiencing the balding of the world, my small brother." He tugged on a couple of the hairs. "These tufts are the last bits of hair left to us. But notice the apes are having none of it. They probably know something we don't."

"What?" I asked.

"I told you, it's something we don't know."

"How do you know it's anything, then?" I said.

Attila sighed heavily but then moved on immediately, which was his way. He peered down again into his pajama pants. "I would have made sperm a brighter color," he said, "if I had been the Lord God, Creator of the Universe."

"What color is it now?"

"You don't know?" he asked, smiling broadly. I shook my head. He said, "Do you want me to bring some forth for you to see?"

"No, I don't."

"It's a drab pearly cream color. It doesn't say how important it is, how exciting, how it makes babies, humans, soldiers, beauties, love, courage, heroism." The image of the hanging men shot through me, this time the ones with their tongues

would keep his tongue in his mouth, just to prove his point.

By the time I switched off the lights, Attila was asleep. He always fell asleep right away, even when our grandmother told us stories. Now I listened as she and our parents spoke quietly but heatedly in the living room. "We'll go to Nebraska or Utah," my father said. Now he turned on his loudspeaker voice.

"We'll become Mormons. I want to become a Mormon, try on something new." I could hear him creaking back and forth over the floor. He stopped. "We'll go to Canada. Why not Canada?"

I recognized the word *Canada* because my father's cousin Peter lived there.

"What are you talking about?" my mother asked. "And please keep your voice down."

My grandmother said we should go to Paris first to visit her sister Hermina. It would be a good place to start.

"We'll visit Paris," said my father too loudly. "We're not staying in Paris."

"Why don't we wait to see?" my mother asked.

"Because we've had enough here," he said. "Have you not had enough of Europe?" He was blasting out his thoughts now. "We've had enough of the old bitch. Europe is a failed experiment—it should be paved over and turned into a parking lot."

"Simon, please," Klari whispered. "You would not have said that if your father were still around."

"He's not around. He is resting at last."

"Do you consider that a good thing?" his mother asked.

"It works for me."

"Simon," my mother said. "Why do you always have to go too far?"

"Here's what I know," Klari said. I could hear her huffing. She might have gotten to her feet. "I know that nobody knows anything. And some of us know nothing with greater certainty than others."

No one answered. There was some shuffling of feet and some clinking of glasses, but they went quiet soon after.

In the darkness, I watched the bar of light at the foot of our door. It floated up like a wand into the ceiling. When the living room lights finally went out, I waded through the black milk of the night. I saw the green eyes of the hanging man up ahead in some woods, like the eyes of a woodland creature. I heard music — drumming — from the window and thought of Kaiser Laszlo, deprived all afternoon of his usual

morsels. But it wasn't drumming. It was pounding. Our bedroom windows rattled in their casements and lit up as bombs fell in the distance, their sound muffled, as if I were listening to them through my pillow. I counted the seconds between the flashes and the sound, the way Attila and I did with thunder and lightning, to see how far away it was. Then the hanging man's eyes floated up again, greening over my sleep.

As Attila and I got dressed the next morning, it felt strange not to be going to school. It felt like a holiday, but not a festive one. My father's cousin Andras and his wife, Judit, were over, and the whispering continued until Attila and I joined them. They were sitting in the kitchen having tea and walnut cake. Judit was as pregnant as could be and panted as she shifted this way and that. She seemed too small and slight to have all that baby stuffed inside her. Judit had a copper glow about her in the lamplight and a constellation of copper freckles, which shifted with her big smile. She gave me a hug and kiss and smelled of the sweet powdery scent of a baby herself. She said, "I hope I have a child as beautiful and smart as you boys."

"You should be so lucky," Attila said, as he reached for a cup and panted extra hard in imitation of Judit.

Judit wanted me to sit in her lap, but I said I was too big. "You're not," she said.

"He is, my sweetie," my mother said, smiling. But Judit had already pulled me down into her lap and thrown her arms around me. Everyone was smiling then as things seemed to swirl around us.

Judit said, "I just want a good child, a kind one."

"Oh, is that all?" my brother said. He had poured himself some espresso and was adding ten spoons of sugar.

"Yes," was the answer. Judit had a determined look in her eyes.

"Mamu and I saw people hanging our soldiers," I told her. "Russians."

Judit loosened her grip on me. "Oh, my dear Lord," she said. "Oh, dear Lord. My poor

young Robert." She held my face by the temples, looked me in the eyes. "There are good people and there are bad people, but the worst people are the ones who think they are good when they are in fact bad, evil. They would seat themselves right next to the Lord in heaven."

Go green for dinner with this Easy Fresh Peas and Kale Soup

Health Solutions

Get peeling because it's totally worth the effort



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Fresh peas are a pain in the pants to peel. I totally agree, OK?

But are they ever worth it?

They are almost done for the season, so now is the time to make use of them. They really do deserve at least one very good run.

(If you are really time-crunched, go right ahead and buy them shelled and packaged because frozen is just not the same and will soon be all you can get.)

Green peas are so ubiquitous that it is easy to forget they are a member of the legume family, which has been shown not only to reduce cholesterol but also to be high in antioxidants.

Vitamin K, beta carotene and a boatload of minerals come with every mouthful, but a half cup is only 60 calories.

Peas are great simply poached for two minutes and then tossed with garlic, salt and olive oil.

Anything else is just gilding the lily.

The trick is to cook them as little as possible until they turn bright green.

One minute longer and you will end up with a greyish, mushy mess that may as well have come from a can.

TERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND PRIVATE NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



This recipe serves four. **TERESA ALBERT**

START TO FINISH
ABOUT 15 MINUTES

Vegan. All you need to make this delicious soup is a few basic staples and about 15 minutes of your time

TERESA ALBERT
myfriendinfood.com

This late summer soup uses the best of the crop: fresh peas and baby kale.

It's a vegan soup that will demolish that summer

FLASH FOOD



From your fridge to your table in 30 minutes or less

medium high heat.

2. Add broth and bring to a boil, stir in peas and simmer for 3 minutes. Stir in kale and simmer for 2 minutes, add chopped herbs.

3. Use a purée wand to blend and top with shelled pistachios and cheese, if using.

TERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

Ingredients

- 1 onion, chopped
- 1 tbsp fresh chives
- 1 tbsp fresh oregano
- 1 tbsp butter or olive oil
- 1 litre vegetable broth
- 2 cups fresh peas
- 5-6 cups baby kale
- 2 cups pistachio nuts
- 1 cup grated cheese (optional)



This Cardamom Parsnip Pear Soup recipe serves four to six. **THE CANADIAN PRESS**

Slurp-worthy vegan soup

1. Heat oven to 180 C (350 F).

2. Place parsnips in a covered baking dish with 1 cm (1/2 inch) of water. Do the same in a separate dish with the pears. Bake, covered, until parsnips and pears are fork-tender. The pears will take 35 minutes and the parsnips may take up to 1 hour.

3. Transfer pears, parsnips and any liquid from dish to a food processor or blender. Add almond milk and cardamom. Process until smooth.

4. Transfer to a large saucepan and bring to a gentle boil. Remove from heat. Season with pepper and salt and chill for at least 2 hours. Garnish with hemp seeds and serve if

you want hot soup.

THE CANADIAN PRESS/JOYOUS HEALTH: EAT AND LIVE WELL WITHOUT DIETING BY JOY MCCARTHY (PENGUIN CANADA BOOKS INC., 2014).

Ingredients

- 2 or 3 medium parsnips, peeled if not organic, cut in chunks
- 2 Bosc pears, peeled if not organic, cored and cut in chunks
- 750 ml to 1 l (3 to 4 cups) almond milk or water
- 5 to 10 ml (1 to 2 tsp) ground cardamom
- Lots of freshly cracked black pepper and a pinch of sea salt, to taste
- 175 ml (3/4 cup) hemp seeds, for garnish

The league's best

Stampeders alone in first place after beating Eskimos

The Calgary Stampeders took over first place in the CFL standings with a 28-13 win over the Edmonton Eskimos in Monday's Labour Day game.

The Stampeders top both the league and the West Division at 8-1. The Eskimos fell into a tie with the Saskatchewan Roughriders at 7-2.

Calgary extended its winning streak against its northern neighbour to 10 in a row, including three straight Labour Day games.

The Alberta rivalry continues Saturday in Edmonton in their final meeting before the playoffs.

Stampeders quarterback Bo Levi Mitchell improved to 11-1 in CFL starts, while running back Jon Cornish rushed for 163 yards, including a two-yard touchdown run in the fourth quarter. **THE CANADIAN PRESS**

QB returns a winner

Ticats christen new digs in style

Zach Collaros had a TD pass against his former team to earn the Tiger-Cats a 13-12 win over the Toronto Argonauts in the first-ever game at Tim Hortons Field in Hamilton on Monday.

Collaros appeared in his first game since suffering a concussion July 4 against Edmonton. He also made his first career start against Toronto, the team he had spent the last two seasons with prior to signing with Hamilton this off-season as a free agent.

THE CANADIAN PRESS

NFL

Sam not on Rams' practice squad

The St. Louis Rams have signed 10 players to their practice squad. As expected,

Michael Sam was not among them.

Sam starred at defensive end for Missouri, but Rams coach

Jeff Fisher said the defensive line was the strongest group on the team.

THE ASSOCIATED PRESS



Michael Sam
GETTY IMAGES



Kirk kisses competitors goodbye in final round at TPC Boston

Chris Kirk kisses the winner's trophy after conquering the Deutsche Bank Championship — the second tournament of the FedEx Cup Playoffs — on Monday at TPC Boston in Norton, Mass. Kirk closed with a 5-under-par 66 for a four-round total of 15-under 269, beating three second-place finishers by two strokes. Kirk takes over No. 1 in the FedEx Cup, giving him a clear shot at the \$10-million prize. He also made a strong case to be one of the three Ryder Cup picks that will be announced for the U.S. on Tuesday. **ROSS KINNAIRD/GETTY IMAGES**

Heat wave crashes down on Bouchard

U.S. Open. Canuck struggles with the sweltering conditions, loses to Makarova

Eugenie Bouchard says she will be fine and is looking forward to playing tournaments in Asia later this year.

But her U.S. Open is over, lost to the heat and the heavy workload as her bid to reach at least the semifinals of a fourth Grand Slam event this year fell short.

The Westmount, Que., native needed a medical timeout to treat dizziness and exhaustion in the second set of her 7-6 (2), 6-4 loss to left-hander Ekaterina Makarova in a fourth-round match played in sweltering heat on Monday.

It was a scary moment, but



Eugenie Bouchard wraps her head in an ice-packed towel on Monday in New York. **THE ASSOCIATED PRESS**

she got up and finished the match.

"I was feeling very light-headed and dizzy on the court; you know, just seeing things a little blurry," the

20-year-old said. "They think the heat got to me a little bit."

"And they know I probably was more tired than usual from the past few matches."

Doctors kept her from doing her post-match interview for more than two hours as they helped her to recuperate. She said playing the two three-set matches late at night in the previous two rounds also played a part.

"I think I did well to push myself through those matches but I also need to have the endurance," she said. "I haven't had that in the past few months, basically."

"So it's not a huge surprise to me. It's disappointing, but I know there's no reason to worry. Once I do a lot of good training, I can compete at this level for two whole weeks, hopefully."

Despite the U.S. Open

setback, her 19 wins are the most by any WTA player at Grand Slams this year.

Makarova said she also felt the heat but offered that it may have hit Bouchard harder because she runs more and plays a more physical game.

"Actually I thought 'thanks' because I was also tired and it really helped me also," Makarova said of the timeout. "I had time to recover and use ice bags too."

THE CANADIAN PRESS

Playing under the lights

Thornhill, Ont.'s Milos Raonic, the men's fifth seed, took on 10th-seeded Kei Nishikori on Sunday night. For the result, go to metronews.ca.



4 SPORTS

Must win. Stewart still has one shot at the Chase

Tony Stewart has one final shot to make the Chase, and it's not a very good one: he must win Saturday night at Richmond, where he last visited Victory Lane in 2002.

He sat out three races after his sprint car struck and killed Kevin Ward Jr. at a New York dirt track on Aug. 9, and his return to competition Sunday night at Atlanta Motor Speedway ended with a blown tire and a 41st-place finish.

Now the three-time NASCAR champion has to win at Richmond or he won't be eligible to race this season for a fourth title.

MLB

Astros jettison manager Bo Porter

The Houston Astros fired manager Bo Porter on Monday, saying the dismissal had less to do with the team's 59-79 record than the need for "new direction" and a "united message

Blown tire

41st

Tony Stewart finished 41st in Atlanta on Sunday, after spending nearly three weeks in seclusion, sitting out three races, since the death of Kevin Ward Jr.

Returning to the track was imperative for Stewart, who had spent nearly three weeks in seclusion. Many of his peers tried and failed to comfort him; Stewart simply wasn't ready to talk or text or let anyone into his world of constant sorrow. **THE ASSOCIATED PRESS**

throughout the entire organization."

Porter was in his second season with the Astros and was succeeded by interim manager Tom Lawless, who worked in Houston's minor-league system. Lawless' first game in charge is Tuesday night at home against the first-place Los Angeles Angels. **THE ASSOCIATED PRESS**



AIR CADETS

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How often in today's society do we hear that children are bored or have nothing to do? Or when they do find something that interests them, such as hockey, soccer, etc., then some of these programs can be well out of reach of the ordinary family's pocket, especially if there is more than one child involved.

Well 191 RCACS West Winnipeg Rotary Air Cadet Squadron would like to offer you a solution – let them join the Air Cadets!!

The aim of this long standing organization is to develop in youth between the ages of 12 and 18 years, the attributes of good citizenship and leadership, promote physical fitness and to stimulate interest in the aviation and aerospace industry which includes the air element of the Royal Canadian Air Force. All of this is done in a

challenging yet disciplined environment.

191 RCACS is just about to enter its 72nd year of service offering both young men and women the opportunity to take part in such activities as gliding, powered flight, biathlon, marksmanship, survival, drill and band to name but a few and all of this at no cost to themselves or their parents. Cadets also have the opportunity to take part in summer training camps and, believe it or not, when a cadet goes to one of the many camps offered, either nationally or internationally, not only is all the travel and accommodations paid for but the Cadet actually gets paid for their attendance.

Through National Scholarships, which are competitive and must be applied for, Cadets as young as 16 also have the opportunity to learn how to fly gliders and powered aircraft.

Now that has to be a good deal, don't you agree?

There is NO COST to join the Air Cadet Program. ALL training and uniforms are provided and each and every cadet has the opportunity to take part in any or all of these activities.

It should be noted that Cadets are Civilians! They are not members of the military and are not expected or required to join any part of the Canadian Armed Forces, however, it is a little known fact that one in five private pilots in Canada and 67% of commercial and airline pilots began their careers as Air Cadets. Canadian Astronaut Commander Chris Hadfield, started out his career as an Air Cadet, where he received his wings through the power pilot scholarship program. Having a resume that reflects that someone

is/was an Air Cadet is respected by a great many future employers.

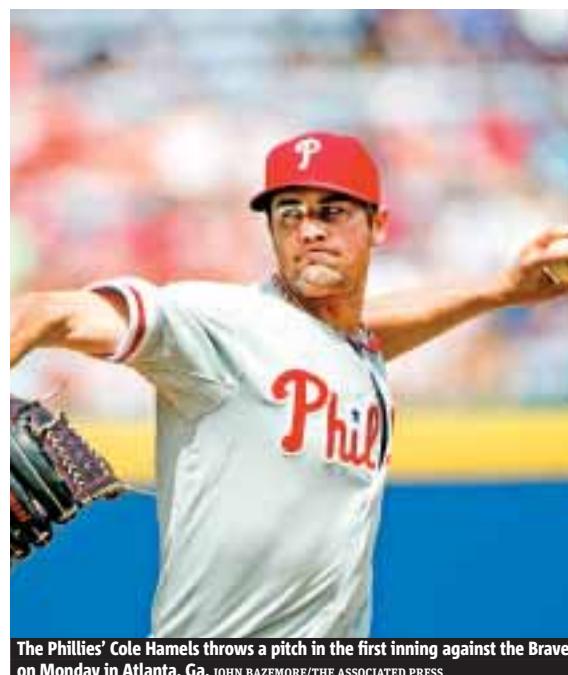
191 RCACS meet every Tuesday night from 6:15 p.m. - 9:00 p.m. at our new location at **Army, Navy, and Air Force Veterans In Canada (ANAVETS) Unit 283, 3584 Portage Avenue**. We will be starting our new training year on Tuesday September 9th.

Registration of new cadets will be held at 6:15 p.m. on Tuesday September 9th.

If your son or daughter is between the ages of 12 and 18 years of age and would like more information about 191 RCACS please contact us at 191rcacspa@gmail.com or visit our website at www.191rcacspa.ca

We look forward to meeting you.

Hamels, Phillies bullpen drub Braves with no-hitter



The Phillies' Cole Hamels throws a pitch in the first inning against the Braves on Monday in Atlanta, Ga. JOHN BAZEMORE/THE ASSOCIATED PRESS

Season's fourth.
Relievers wrap up gem of a job with three perfect innings

With their playoff hopes uncertain, Atlanta's struggling batters picked a bad time to get no-hit by Cole Hamels and three Philadelphia relievers.

"You feel like you've hit a good stride," manager Fredi Gonzalez said. "And all of a sudden you go through a stretch where you score one run in 27 innings, and lucky enough to win one of those games."

Hamels and the Phillies

Stunned

"Past the third inning he started throwing the ball where he wanted to."

Braves third baseman Chris Johnson

bullpen combined on the season's fourth no-hitter, blanking the Atlanta Braves 7-0 Monday.

Jason Heyward drew two walks and stole three bases. Atlanta was otherwise punchless.

It was all the more unusual in that Hamels left the game with his bid intact after six innings. He was fine with the decision, too, having already thrown 108 pitches at a hot afternoon at Turner Field.

"Just understanding the situation, every time I went out there I was battling control issues," Hamels said.

Hamels (8-6) struck out seven, matched a season-high with five walks and hit a batter.

Relievers Jake Diekman, Ken Giles and closer Jonathan Papelbon each pitched a perfect inning to finish off the gem, as a smiling Hamels watched from the bench.

Clayton Kershaw and Josh Beckett of the Dodgers and Tim Lincecum of the Giants threw no-hitters earlier this year. **THE ASSOCIATED PRESS**

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